



BTEC Extended Certificate in Health and Social Care (1A Level Equivalent)

Health and social care teaches valuable skills which are transferable to a whole range of settings.

Unit 1

Lifespan Development - 1 hour 30-minute exam

Health and social care practitioners need to develop a knowledge base for working with people in every stage of their lives, and they need to know how their own experiences relate to health and wellbeing. This unit will develop your knowledge and understanding of patterns of human growth and development. You will explore the key aspects of growth and development, and the experience of health and wellbeing. In this unit, you will explore the impact of both predictable and unpredictable life events, and recognise how they impact on individuals. You will study the interaction between the physical and psychological factors of the ageing process, and how this affects confidence and self-esteem.

Unit 2

Working in HSC - 1 hour 30-minute exam

This unit will help you to understand what it is like to work in the health and social care sector. When working for an organisation in this sector, you will have important responsibilities that you need to understand and carry out. These include maintaining the safety of and safeguarding individuals with health and social care needs, making sure that you properly handle their personal information and preventing discrimination towards them. You will need to understand how you will be accountable both to these individuals and the regulatory bodies that represent people who work in the health and social care sector.

Unit 5

Meeting Individual Care and Support Needs - Coursework

For you to be able to provide the care and support that individuals need, it is important that you have a good understanding of the principles behind providing quality care and support. This unit introduces you to the values and issues that need to be considered when planning care and support that meet the needs of an individual in a health and social care environment. In this unit, you will learn about the values and principles of meeting care and support needs and look at some of the ethical issues that arise when personalising care.

Unit 11

Psychological Perspectives - Coursework

An important aspect of working in the health and social care sector is to have a good understanding of the ways in which psychological development occurs in order to effectively meet the individual needs of service users. Having knowledge of the key concepts and ideas enables you to understand the ways in which development and behaviours occur. In this unit, you will learn about the different psychological perspectives that have been put forward and how these approaches have influenced thinking and in meeting and supporting service user needs. You will explore some key ideas that will give you a good idea of how the mind develops, and the factors that development and behaviours.

Opportunities

Studying health and social care covers a broad range of issues and helps you develop the skills to follow a career in health, social care, leisure or education.