Coast to

## 1. Explore different job roles and the job market

Videos featuring real people talking about their careers Information about different job roles Information about over 350 job roles within the NHS Lesson plans and articles Quiz to find jobs that are suited to you Labour market lesson plan and resources More labour market information

## 2. Find out about different courses and pathways

Information about apprenticeships University exploration and course search Guides on how subjects link to different careers Compare universities Information about Uni alternatives Advice on how to work in certain sectors Leading university information Search for courses by location

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## 3. Have a debate

Debate career myths and stereotypes with someone else (online or face-to-face):

"Bricklaying is a man's job"
"Caring jobs (nurse, teacher, vet etc.) are for females"
"Only rich people go to university"
"Apprenticeships aren't for academics"
"You need all A's in your A Levels to go to University"
"Creative Industries don't make any money"

Follow this up by researching online and writing down your thoughts.

## 4. Watch educational videos and documentaries

Stacey Dooley's BBC Series

Follow this up by writing about what you learnt.

#### 5. Play an educational game Microsoft Minecraft

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#### 6. Discover and build upon your skills and strengths

Life skills lesson plans and resources Lesson plan and worksheet (Use CVDTWINKLHELPS code for free access) A range of skills-based activities and information Take this personality quiz Skills employers want

#### 7. Print and complete worksheets/workbooks

<u>PSHE workbooks</u> <u>Citizenship workbooks</u> <u>Skills and activities workbook</u>

#### 8. Take a free online course or lesson

30 Minute Apprenticeship in Business 30 Minute Apprenticeship in Construction 30 Minute Apprenticeship in Marketing Strengths and Skills (Lesson) Staying Positive (Lesson) Finding your Cyber Security Career Path (Free online course) Career Skills for Investment Banking and Finance (Free online course)

## 8. Take a free online course or lesson (cont.)

<u>Creativity and Entrepreneurship</u> (Free online course) <u>Resilience, the art of coping with disasters</u> (Free online course) <u>Prepare for career success at Uni</u> (Free online course) <u>Building your career in tomorrow's workplace</u> (Free online course) <u>How to start your career in games development</u> (Free online course) <u>How to succeed in interviews</u> (Free online course)

### 9. Create a CV and/or write a personal statement

<u>Free app for CV creation</u> <u>CV Builder</u> <u>CV writing guidance</u> <u>Personal statement guide</u>

#### 10. Browse Careers websites

<u>Careerpilot</u> <u>Start Profile</u> <u>Bridge U</u> <u>Springpod</u> <u>National Careers Service</u> BBC Bitesize My Career Springboard Careers Box Success at School Gov:Apprenticeships Gov: Careers helpline All About Apprenticeships All About School Leavers Careers Advice for Parents Career Connect Shaw Trust (SEND)

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#### Here are also some general free online learning sites!

MOOC (Online courses for anyone) Minecraft (Educational games and activities) TES (Resources & lesson plans) Twinkl (Online lessons & activities - Use CVDTWINKLHELPS code for free access): BBC Bitesize (Online lessons and revision) Seneca (Online interactive lessons) Future Learn (Free online courses): TED (Video lessons)

We would like to express our thanks to the Cornwall & Isle of Scilly Careers Hub for sharing their excellent resource



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