

Roman Catholic Christianity Practices Knowledge Organiser

The Sacraments

Sacraments are rituals performed in the church that bring people into holiness.

1. **Baptism:** Welcoming a person into the family of God. **SOWA: "Go & make disciples of all nations." (Matthew)**
2. **Reconciliation:** Forgiveness of Sins. **SOWA: "If you forgive sins, they are forgiven" (John)**
3. **Eucharist:** Receiving the Body & Blood of Christ. **SOWA: "This is My Body, this is my Blood" (Luke)**
4. **Confirmation:** Choosing to continue your faith as an adult. **SOWA: "The Holy Spirit...teach you things" (John)**
5. **Matrimony:** Joining two people together as one in a marriage. **SOWA: "What God has put together, let no man put asunder" (Matthew)**
6. **Holy Orders:** When a man becomes a Priest. **SOWA: "He appointed the 12." (Matthew)**
7. **Anointing of the Sick:** Healing & forgiveness of sins. **SOWA: "Disciples healed many that were sick" (Matthew)**

Liturgical Worship

A structured way of worship that takes place in RC churches.

1. **Introductory Rite:** Welcomed to Mass & Confess Sin.
2. **Liturgy of the Word:** Reading from OT & NT, Homily & Creed.
3. **Liturgy of the Eucharist:** Catholics believe they received the Body & Blood of Jesus.
4. **Concluding Rite:**

Prayer & Dismissal- Go & spread the Word of God.

TOP TIP: You could be asked to compare similarities or differences between Christian & Jewish beliefs about worship.

Prayer

Prayer is a communication with God. There are 5 types of prayer for Catholics.

1. **Adoration:** God is worth of Love. **SOWA: "Glory be to the Father"**
2. **Thanksgiving:** Expressing Love & Gratitude to God. **Example: Grace before meals.**
3. **Repentance:** Acknowledging you have sinned & asking for forgiveness. **SOWA: I Confess to Almighty God... (Nicene Creed)**
4. **Intercession:** Praying on behalf of others. **Example: Bidding prayers at Mass.**
5. **Petition:** Asking God to help you. **Example: Prayer before an exam.**

Pilgrimage

A journey to a place of religious significance. Pilgrimages allow Catholics to spend time becoming closer to God & spend time in prayer.

1. **Rome:** Vatican where the Pope lives & many religious figures are buried.
2. **Lourdes:** Mary appeared to Saint Bernadette. A place of healing.
3. **Jerusalem:** To walk the final journey Jesus took to his crucifixion.
4. **Walsingham:** Visions of Mary & a place of healing.

Funeral Rite

This is the beginning of the journey towards eternal life with God.

1. **Vigil of the Deceased:** To say prayers for the person that has died.
2. **Communion with the Deceased:** Remind people that they are all one in Christ- belong to the family of God.
3. **Burial & Committal:** Remind people that death is not the end & that their loved ones are on their way to heaven.

Popular Piety/Non Liturgical Worship

This is an unstructured way of worship in Catholic churches & allows people to worship in different ways.

1. **Stations of the Cross:** Used to tell the final journey Jesus took to his crucifixion
2. **Rosary:** Used to focus on 'Mysteries of the Rosary' Catholics use beads to help them to pray.
3. **Eucharistic Adoration:** Praying in front of the Blessed Sacrament (Jesus)

Mission & Evangelisation

- **Mission Work:** The idea that people are sent to help others- CAFOD is an example of Mission work. **SOWA: "Love your neighbour as yourself" (Matthew)**
 - **Evangelisation:** To go out & live the Gospel- Spread the Word of God- **SOWA: "Go & make disciples of all nations." (Matthew)**
1. **Local:** Going to Mass, Charity work- CAFOD, fundraising etc.
 2. **National:** Working for change in our country- raising awareness of injustice.
 3. **Globally:** Following teachings of the Pope, Mission Work- CAFOD.

Catholic Social Teaching

The church teachings that we should love our neighbour as well as God.

3 Aims:

1. **Justice:** Promote justice & end injustice in the world.
2. **Peace:** Encourage harmony among all humans.
3. **Reconciliation:** Protect the dignity of one another. (Human Rights)

CAFOD

Helps lots of people throughout the world by working for social justice, helps people help themselves (after natural disasters, war etc.) raises awareness of issues.

SOWA: "Love your neighbour as yourself" (Mark)