

# Information Bulletin for Parents and Carers Friday 23 December



**St. Wilfrid's  
R.C. College**

**Excellence through Faith, Learning and Support**

## **Faith:**



### **The true joy of Christmas is in the everlasting love of Christ**

May your heart be illuminated with love, joy and peace in this holy season of prayer and song and laughter. We praise our Lord for the great wonders he has bestowed upon us: for shining star and angel's song, for infant's cry in lowly manger. We praise Him for the Word made flesh in a little Child. We hope you and your family enjoy a holy Christmas and a fabulous new year.

## **Christmas Mass Times in our Parishes**

### **Christmas Mass Times:**

St. Bede (Christmas Eve & Day)	5.00pm Vigil Mass of Christmas 11.30pm Carols and Readings 12.00midnight Midnight Mass 9.30am Christmas Day Mass
Ss. Peter & Paul (Christmas Eve & Day)	4.30pm Carols and Readings 5.00pm Vigil Mass of Christmas 10.30am Christmas Day Mass
Sacred Heart (Christmas Eve only)	6.30pm Vigil Mass of Christmas
St. Gregory (Christmas Day only)	9.30am Christmas Day Mass
St. Oswald (Christmas Day only)	11.00am Christmas Day Mass
St. Bede's Jarrow (Christmas Eve & Day)	7:30pm Vigil Mass of Christmas 10:00am Christmas Day Mass
St. Matthew's Jarrow (Christmas Eve & Day)	6:15pm Vigil Mass of Christmas 10:00am Christmas Day Mass
St. Joseph's Jarrow (Christmas Eve only)	5:00pm Vigil Mass of Christmas
St. Mary's Jarrow (Christmas Eve only)	4:30pm Vigil Mass of Christmas

## Confirmations: South Shields

Saint Bede's Parish, South Shields, will be beginning a preparation programme for those who wish to receive the Sacrament of Confirmation in June 2023. If you are a practising Catholic, would like to receive the Sacrament of Confirmation, and are in year 9 or above, please collect an application form from your regular place of worship after Mass. Application forms will be available, and must be returned to the priest, by Sunday 15 January. With my continued prayers and best wishes. Fr. Jonathon.

## Learning:

### Students of the Week

This week, our amazing winners are:

**Headteacher's Award:** Abisha Srivel 9B1

**Tutor Group of the Week:** 8H1

**Aidan:** Dylan Leadbitter 9A1 and Aditya Menon 11A2

**Bede:** Faye Allcoat 11B1 and Poppy Irving 8B2

**Cuthbert:** Kayla Phillips 7C1 and Alexander Olsen 10C2

**Hilda:** Jack Anderson 9H1 and Nadine Bartley 11H1






**Margaret Clitherow:** Luke Gray 7MC1 and Millie Sweeting 9MC1

Congratulations - we're all very proud of you.

### School Colours

We are absolutely delighted to announce that at the end of the first term of our character development programme, we have several successful candidates that have been acknowledged for their commitment and determination to be the very best versions of themselves.

Our December 2022 School Colours roll of of honour is below:

 <b>SCHOOL COLOURS ROLL OF HONOUR 2022-23</b> 			
 <b>FAITH</b>	 <b>LEARNING</b>	 <b>SUPPORT</b>	<b>FULL COLOURS</b>
Oct 22: Shreya Bhardwaj 13C2  Dec 22: Luke Hall 12C3 Dec 22: Elliott Jameson 11C1 Dec 22: David Maslak 9A2 Dec 22: Grace Tudor 8A2 Dec 22: Miles Waller 11B2	Oct 22: Shreya Bhardwaj 13C2  Dec 22: Faye Allcoat 11B1 Dec 22: Luke Hall 12C3 Dec 22: Elliott Jameson 11C1 Dec 22: David Maslak 9A2 Dec 22: Maeve Taggart 8A1 Dec 22: Grace Tudor 8A2 Dec 22: Miles Waller 11B2 Dec 22: Matthew Wardle 11B2 Dec 22: Amber Wright 10MC1	Oct 22: Shreya Bhardwaj 13C2  Dec 22: Luke Hall 12C3 Dec 22: Elliott Jameson 11C1 Dec 22: David Maslak 9A2 Dec 22: Harry McMullen 11B2 Dec 22: Grace Tudor 8A2 Dec 22: Miles Waller 11B2	Oct 22: Shreya Bhardwaj 13C2  Nov 22: Andrew Bailey Governor of the Bank of England  Dec 22: Luke Hall 12C3 Dec 22: Elliott Jameson 11C1 Dec 22: David Maslak 9A2 Dec 22: Grace Tudor 8A2 Dec 22: Miles Waller 11B2

Congratulations to all students that were successful in their application, the standard was incredibly high and it is a privilege to give you your well-deserved awards. Not all students who applied were successful this time around - thank you so much for your applications and we hope you use the guidance we've given you to add to your portfolios and reapply for the Easter deadline. All students from Year 8-13 are invited to apply for school colours in any or all of the three areas. Guidance booklets are available from the school library and from Mr Logan. Students are advised to work with their tutors or another member of staff to ensure they submit an appropriate portfolio of evidence. Students are rewarded for their commitment over time in three areas within one of the three categories with a special, bespoke school tie and a pin badge. The ultimate accolade is to achieve 'full colours', showing that the key aspects of our school motto are habits and an integral part of their character.

### Google Classroom

Each year group at St. Wilfrid's has their own Google Classroom, which is often used to communicate key information and to set work for independent study. Please ask your child to ensure they are in their year group Google Classroom using the codes below.

Year 7 - ygebglx

Year 8 - n6oqmvz

Year 9 - mhexlap

Year 10 - zfu35b2

Year 11 - qxd2wwd

Year 12 - 2jyv6qh

Year 13 - 3t3lzib

If your child experiences any issues, please contact [itsupport@st-wilfrids.org](mailto:itsupport@st-wilfrids.org).

### Year 11

All Year 11 students have been set ***Christmas Homework*** in each of their subjects. The homework set is bespoke to each subject, to close learning gaps from the November prelims or to reinforce particular subject knowledge. Students should submit their homework to their relevant subject teachers in their first lesson in January. On return to school in January, ***STEP*** resumes on a Tuesday, Wednesday and Thursday evening. Students must check their tutor group notice boards so they are aware of their timetabled sessions.

### Support:

#### Updated Behaviour for Learning Policy

Our Behaviour for Learning Policy has been updated to include guidance and advice from the Department for Education regarding the use of reasonable force and searching, screening and confiscation. It is available to view in the policies section of our website: [Policies - St. Wilfrid's R.C. College \(st-wilfrids.org\)](https://www.st-wilfrids.org/policies)

#### Online Counselling Support

Please see the Christmas and New Year opening hours for Kooth (children) and Qwell (adults), should anybody require counselling support at home during the school holidays.

## Updated Uniform Policy

Our uniform policy has been updated to clarify examples of items that are prohibited in school. Please ensure you check the policy to ensure your child fully complies with our expectations on Uniform.

[St Wilfrid's uniform Policy 2023](#)

## Careers Guidance

A new 'Introduction to Apprenticeships' video has been uploaded to the school website. It can be found at School Life / Careers Programme / Careers Presentations.



**kooth**

### Chat opening hours (Christmas and New Year period)

Saturday 24th December	Sunday 25th December	Monday 26th December	Tuesday 27th December
Christmas Eve 4pm-8pm	Christmas Day 4pm-8pm	Boxing Day 4pm-8pm	Bank Holiday 4pm-8pm

Saturday 31st December	Saturday 1st January	Monday 2nd January
New Years Eve 4pm-8pm	New Years Day 4pm-8pm	Bank Holiday 4pm-8pm

**kooth.com**



**Qwell**

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**www.qwell.io**

## Useful Christmas Information from South Tyneside Council

### Useful Christmas Information



### Emergency contact numbers

**Police, fire and rescue service and coast guard:** 999  
**NHS Choices:** 111 (call 111 when you need medical help fast but it's not a 999 emergency)  
**Covid Test Helpline:** 119  
**Electrical problems:** 0800 011 3332 or 105  
**Gas leaks:** 0800 111 999  
**Floods:** 0345 988 1188  
**Mental Health Initial Response Team:** 0303 123 1145  
**Police:** 101  
**South Tyneside Hospital:** 0191 404 1000  
**South Tyneside Council emergencies:** Minor emergencies (for example repairs); Out of hours: 0191 455 6111; Social Care and Health 0191 456 2093  
**Samaritans:** 116 123  
**South Tyneside Lifecycle Mental Health Service:** 0191 283 2937  
**South Tyneside Homes:** 0300 123 6633 (If you need to report an emergency repair that is an immediate risk to people or a property it can be reported using this 24 hour contact number)  
**Water leaks:** 0800 393 084  
**Age Concern South Tyneside:** 0191 456 6903 (Open 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> December and 3<sup>rd</sup> January 10am-3pm)  
**Alzheimer's Society Dementia Support South Tyneside:** 0191 427 5443 (Closed 25<sup>th</sup> and 26<sup>th</sup> December)  
**Citizens Advice Bureau Advice Line:** 0344 4994 715  
**National Domestic Violence Helpline:** 0808 2000 247  
**South Tyneside Adult Recovery Service:** 0191 917 1160  
**South Tyneside Sexual Health Service:** 0191 402 8191  
**The Silver Line:** 0800 470 80 90 (helpline for older people)  
**Veterans' Mental Health Transition, Intervention and Liaison Service:** 0800 652 2867  
**Wellbeing Info:** wellbeinginfo.org  
**Victim Support:** 0191 4546198  
**Action Fraud:** 0300 1232040

#### South Tyneside Urgent Care for Children

This service is open every day from 9am until 9pm at South Tyneside District Hospital. The vast majority of children will be seen and treated by the nurse-led urgent care service. This is available for children from birth up to the age of 16, who attend hospital with urgent, but not life threatening, problems. Children with any major, life threatening problems will be cared for at Sunderland Royal Hospital.

### Pharmacy Opening Times

#### Christmas Day (Sunday 25<sup>th</sup> December)

**11:00-13:00 - Whiteleas Pharmacy (Whiteleas)**  
176 Whiteleas Way, Whiteleas, South Shields, NE34 8HF Tel: 0191 536 2830

**14:00-16:00 - Asda Pharmacy (South Shields)**  
Coronation Street, South Shields, NE33 1AZ Tel: 0191 275 8030

**19:30-21:30 - Dinnings Pharmacy (Jarrow)**  
Mayfield Medical Centre, Park Road, Jarrow, NE32 5SE Tel: 0191 489 7257

#### Boxing Day (Monday 26<sup>th</sup> December)

**10:00-16:00 - Asda Pharmacy (Baldon Colliery)**  
North Road, Baldon Colliery, NE35 9AR Tel: 0191 537 7510

**10:00-16:00 - Asda Pharmacy (South Shields)**  
Coronation Street, South Shields, NE33 1AZ Tel: 0191 275 8030

**14:00-16:00 - Avenue Pharmacy (Whitburn)**  
7 North Guards, Whitburn, SR6 7EL Tel: 0191 529 2344

**14:00-16:00 - Boots Pharmacy (South Shields)**  
Unit 1, 49-61 Kings Street, South Shields, NE33 1DA Tel: 0191 456 0616

**19:30-21:30 - Boustead Pharmacy (Jarrow)**  
187 Albert Road, Jarrow, NE32 5AF Tel: 0191 489 7477

#### Bank Holiday (Tuesday 27<sup>th</sup> December)

**10:00-16:00 - Asda Pharmacy (Baldon Colliery)**  
North Road, Baldon Colliery, NE35 9AR Tel: 0191 537 7510

**10:00-16:00 - Asda Pharmacy (South Shields)**  
Coronation Street, South Shields, NE33 1AZ Tel: 0191 275 8030

**10:00-16:00 - Morrisons Pharmacy (Jarrow)**  
20 The Viking Centre, Jarrow, NE32 3LQ Tel: 0191 489 8534



**14:00-16:00 - Neil Pharmacy (South Shields)**  
95 Wenlock Road, South Shields, NE34 9BD Tel: 0191 455 5391

**14:00-16:00 - Boots Pharmacy (South Shields)**  
327 Prince Edward Road, South Shields, NE34 7LZ Tel: 0191 456 1100

**19:30-21:30 - Metro Pharmacy (Jarrow)**  
15 St James Mall, Hebburn, NE31 1LE Tel: 0191 483 3005

**New Year's Day (Sunday 1<sup>st</sup> January)**

**10:00-16:00 - Asda Pharmacy (South Shields)**  
Coronation Street, South Shields, NE33 1AZ Tel: 0191 275 8030

**10:00-16:00 - Asda Pharmacy (Boldon Colliery)**  
North Road, Boldon Colliery, NE35 9AR Tel: 0191 537 7510

**10:00-16:00 - Morrisons Pharmacy (Jarrow)**  
20 The Viking Centre, Jarrow, NE32 3LQ Tel: 0191 489 8534

**Bank Holiday (Monday 2<sup>nd</sup> January)**

**10:00-16:00 - Asda Pharmacy (Boldon Colliery)**  
North Road, Boldon Colliery, NE35 9AR Tel: 0191 537 7510

**10:00-16:00 - Asda Pharmacy (South Shields)**  
Coronation Street, South Shields, NE33 1AZ Tel: 0191 275 8030

**10:00-21:30 - Morrisons Pharmacy (Jarrow)**  
20 The Viking Centre, Jarrow, NE31 489 8534

**14:00-16:00 - Vantage Pharmacy (South Shields)**  
60 Horsley Hill Square, South Shields, NE34 6RF Tel: 0191 455 2870

**19:30-21:30 - D L Carter and Sons Ltd (South Shields)**  
114-116 Fowler Street, South Shields, NE33 1PZ Tel: 0191 455 2812

You are advised to telephone the pharmacy prior to attending.  
If you require advice out of hours, please contact: 111.

**Can the Pharmacist help with your symptoms?**

The pharmacist is an excellent source of advice for many common ailments, such as:  
Low Back Pain, Eczema, Heartburn and Indigestion, Fever in Children, Constipation,  
Headache, Coughs in Adults, Acne (spots), Sprains and Strains, Sore Throat, Ear  
Ache, Common Cold and Sinusitis.

Visit [www.treatyourselfbetter.co.uk](http://www.treatyourselfbetter.co.uk) for more information, advice and warning signs to  
look out for which may suggest you do need a GP appointment or medical attention.

## Food banks

Food banks provide for individuals and families in crisis for example sudden unemployment, delays in benefit payments, benefits sanctions and financial problems. They supply food parcels to people while they get help to resolve their crisis. To receive a food parcel, you will need to be referred to a food bank by a professional such as a housing officer, social worker, CAB advisor, doctor or health advisor.

For details about food banks contact:

Hospitality and Hope on 0191 420 3336  
Hebburn Helps on 0191 489 9707  
Key 2 Life Foodbank on 07833 613393 (23<sup>rd</sup> December 10am-1pm,  
Closed Mon 26<sup>th</sup> - Tue 27<sup>th</sup>, Wed 28<sup>th</sup> & Thur 29<sup>th</sup> December 11am-3pm,  
Fri 30<sup>th</sup> December 10am-1pm, closed 2<sup>nd</sup> Jan then back to normal hours  
from Tues 3<sup>rd</sup> January 2023 10am-4pm).  
Bede's Helping Hands Food Bank: 0191 816 3021  
Boldon CA Food Bank 0191 536 8085



## Feeling low or worried this Christmas season?

You're not alone.  
If you have feelings of loneliness, anxiety or feel down over this Winter period, talk to someone who can help. Contact your GP or telephone South Tyneside Lifecycle Primary Care Mental Health Service on 0191 283 2937 or check out their website [www.southtynesidelifecyclementalhealth.nhs.uk](http://www.southtynesidelifecyclementalhealth.nhs.uk)

If your enquiry is urgent call: 0303 123 1145

## Key dates / upcoming events

**Monday 9 January** - return to school (Week 2 timetable)

**Thursday 19 January** - Year 13 Parents' Evening

**Thursday 26 January** - Year 11 Parents' Evening

## Sixth Form

### UCAS Deadline

The UCAS application deadline is fast approaching on the 23rd January. If any students still wish to apply and haven't yet done so, please encourage them to make an appointment with Mr Allen or Mrs Forster ASAP when we return in January.

### Oxbridge Information Presentation - 11.01.23

For any students who are considering an application to Oxford or Cambridge university, we have an exciting opportunity on January 11th 11am-12pm. A representative from Cambridge University will be in school to explain what admissions officers from Oxbridge universities will look for in their applications, the collegiate system and additional expectations for applications to these top universities. All Year 12 students are invited to attend if they are interested.

### **Applying for sixth form**

A reminder that applications are open for our sixth form.

To apply to join our Sixth Form in September 2023, please complete the online application form: [Applying for Sixth Form - St. Wilfrid's R.C. College \(st-wilfrids.org\)](https://st-wilfrids.org/apply)