

## EXTENDED DIPLOMA (1080 GLH) THREE A LEVEL EQUIVALENT

- ***Who is this programme for?***
- The Pearson BTEC Level 3 National Extended Diploma in Sport is intended to be an Applied General qualification for post-16 learners wanting to continue their education through applied learning, and who aim to progress to higher education and ultimately to employment, possibly in the sports sector. The qualification is equivalent in size to three A Levels and has been designed as a full two-year programme.
- This course is perfect for school leavers who are looking to progress into a career in the Sports Industry and enjoy a blend of both theoretical and practical input. The course will also provide a detailed overview of the current context of the sport industry specifically preparing learners for progress into Higher Education or Employment.
- After successfully completing this course you will be able to access University courses in: *Sports Science, Sports Marketing, Sports Development, Sports Coaching*

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## 14 Units, 4 External Exams

- Unit 1 – Anatomy and Physiology. (externally assessed) Y13
- Unit 2 – Fitness Training and Programming for Health, Sport and Wellbeing. (externally assessed) Y12
  - Unit 3 – Professional Development in the Sports Industry Y12
    - Unit 4 – Sports Leadership. Y13
    - Unit 5 – Application of Fitness Testing. Y12
      - Unit 6 – Sports Psychology. Y13
    - Unit 7 – Practical Sports Performance. Y12
      - Unit 8 – Coaching for Performance Y12
      - Unit 9 – Research Methods in Sport Y13
      - Unit 10 – Sport Event Organisation Y12
  - Unit 19 – Development and Provision of Sport and Physical Activity. (externally assessed) Y13
  - Unit 22 – Investigating Business in the Sport and Active Leisure Industry. (externally assessed) Y12
    - Unit 23 – Skill Acquisition in Sport. Y13
    - Unit 25 – Rules, Regs and Officiating in Sport Y12