



### Curriculum Overarching Intent

PSHE will promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and help prepare pupils for the opportunities, responsibilities and experiences of later life.

### Prior Learning

Within KS2:

- Health & Wellbeing
  - Healthy lifestyles (physical wellbeing)
  - Mental health
  - Ourselves, growing and changing
  - Keeping safe
  - Drugs, alcohol and tobacco
- Relationships
  - Families and close positive relationships
  - Friendships
  - Managing hurtful behaviour and bullying
  - Safe relationships
  - Respecting self and others
- Living In The Wider World
  - Shared responsibilities
  - Communities
  - Media literacy & digital resilience
  - Economic wellbeing: Money
  - Economic wellbeing: Aspirations, work and career



## PSHE

	Vision	Key Concepts and Key Skills
<b>Year 7</b>	In Year 7, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media.	<ol style="list-style-type: none"> <li>1. Self-concept</li> <li>2. Healthy Lifestyles</li> <li>3. Managing risk and personal safety</li> <li>4. Puberty and sexual health</li> <li>5. Positive relationships</li> <li>6. Relationship values</li> <li>7. Forming and maintaining respectful relationships</li> <li>8. Consent</li> <li>9. Bullying, abuse and discrimination</li> <li>10. Social influences</li> <li>11. Learning skills</li> <li>12. Choices and pathways</li> <li>13. Work and career</li> <li>14. Financial choices</li> <li>15. Media Literacy and digital resilience</li> </ol>
<b>Year 8</b>	In Year 8, students continue to build on the knowledge and understanding, skills, attributes and values they have acquired and developed during Year 7. PSHE education continues to teach the knowledge and skills which will equip them for the opportunities and challenges of life introducing mental health awareness, and topics associated with risk taking behaviour. Students continue to learn how to manage diverse relationships, their online lives, and increased financial realisation.	<ol style="list-style-type: none"> <li>1. Self-concept</li> <li>2. Mental Health and emotional wellbeing</li> <li>3. Healthy Lifestyles</li> <li>4. Drugs, alcohol and tobacco</li> <li>5. Managing risk and personal safety</li> <li>6. Positive relationships</li> <li>7. Forming and maintaining respectful relationships</li> <li>8. Bullying, abuse and discrimination</li> <li>9. Social influences</li> <li>10. Choices and pathways</li> <li>11. Work and career</li> <li>12. Financial choices</li> <li>13. Media Literacy and digital resilience</li> </ol>
<b>Year 9</b>	In Year 9, students continue to build on the knowledge and understanding, skills, attributes and values they have acquired and developed during Year 7 and Year 8. PSHE education continues to teach the knowledge and skills which will equip them for the opportunities and challenges of life introducing a variety of learning strategies in preparation for the start of their GCSEs, and a bespoke E-safety unit. Students continue to learn how to manage different relationships and how to make informed choices about the variety of different career pathways available to them when they leave school.	<ol style="list-style-type: none"> <li>1. Mental Health and emotional wellbeing</li> <li>2. Healthy Lifestyles</li> <li>3. Puberty and sexual health</li> <li>4. Positive relationships</li> <li>5. Relationship values</li> <li>6. Forming and maintaining respectful relationships</li> <li>7. Consent</li> <li>8. Contraception and parenthood</li> <li>9. Bullying, abuse and discrimination</li> <li>10. Social influences</li> <li>11. Learning skills</li> <li>12. Choices and pathways</li> <li>13. Work and career</li> <li>14. Media Literacy and digital resilience</li> </ol>
<b>Year 10</b>	In Year 10, students deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during key stage 3. PSHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.	<ol style="list-style-type: none"> <li>1. Self-concept</li> <li>2. Drugs, alcohol and tobacco</li> <li>3. Managing risk and personal safety</li> <li>4. Sexual health and fertility</li> <li>5. Relationship values</li> <li>6. Consent</li> <li>7. Contraception and parenthood</li> <li>8. Bullying, abuse and discrimination</li> <li>9. Social influences</li> <li>10. Work and career</li> <li>11. Employment rights and responsibilities</li> <li>12. Media Literacy and digital resilience</li> </ol>
<b>Year 11</b>	In Year 11, students continue to deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during the previous four years. PSHE education continues to reflect the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.	<ol style="list-style-type: none"> <li>1. Self-concept</li> <li>2. Drugs, alcohol and tobacco</li> <li>3. Managing risk and personal safety</li> <li>4. Sexual health and fertility</li> <li>5. Relationship values</li> <li>6. Forming and maintaining respectful relationships</li> <li>7. Consent</li> <li>8. Contraception and parenthood</li> <li>9. Bullying, abuse and discrimination</li> <li>10. Social influences</li> <li>11. Choices and pathways</li> <li>12. Work and career</li> <li>13. Financial choices</li> <li>14. Media Literacy and digital resilience</li> </ol>



### Our Curriculum Progression Model is:

Readiness for their  
next step...

Knowledge over time	Living in the wider world				
	1.	2.	3.	4.	5.
	7	8	9	10	11
	1. The Dangers of Sharing Information Online	1. Mental and Emotional Disorders	1. Physical Activity and Mental Well-Being:	1. Legal and Illegal Drugs:	1. The Law Relating to Sexual Exploitation
	2. The Legal Implications of Sharing Intimate Images Online	2. Unhealthy Coping Strategies	2. The Characteristics Of A Healthy Life-Style	2. The Risks Associated With Alcohol Consumption	2. Abusive Relationships
	3. The Media and Body Shape X1	3. Positive And Negative Effects On Mental Health	3. Blood, Organ And Stem Cell Donation	3. Addiction:	3. Harmful Relationships
	4. The Media and Body Shape X2	4. Healthy Coping Strategies	4. A Healthy Diet X1	4. Dangers Of Smoking	4. The Characteristics Of A Positive One-To-One Intimate Relationship
	5. The Dangers of Viewing Harmful Content	5. Maintaining And Monitoring Health	5. A Healthy Diet X2	5. Peer Pressure	5. Pregnancy
	6. Online Gambling	6. The Importance Of Personal Hygiene	6. How Choices Made About Sex And Relationships Affect Health	6. Alcohol And Risky Sexual Behaviour	6. The Different Choices Made In Relation To A Pregnancy
	7. Harmful Behaviours Online	7. E-Safety	7. Reproductive Health	7. STI's And How They Are Transmitted	7. The Role Of The Parent
	1. Who Am I?	1. Created and Chosen	1. Love	1. Authentic Freedom	1. Self-Worth
	2. The Changing Adolescent Body	2. Appreciating Difference	2. Love people, use things	2. Self-Image	2. Addiction
	3. Self Esteem	3. Feelings	3. The Benefits Of Delaying Sexual Activity	3. Beliefs, values and attitudes	3. Eating Disorders
	4. Human Reproduction	4. Before I was born	4. Fertility And Contraception	4. Parenthood	4. Birth Control
	5. Positive and Healthy Relationships	5. Harmful relationships, prejudice and discrimination	5. Stable, Committed Relationships	5. Pregnancy and abortion	5. Pornography
	6. Harmful Behaviours Online	6. Think before you share	6. The Law And Consent	6. Abuse	6. STIs
	7. Bullying and Abuse	7. The wider world	7. How To Seek And Gain Consent	7. Solidarity	7. Coercive Control
	1. Introduction To British Values/Democracy	1. What are our values?	1. Intro to enterprise	1. Immigration	1. Labour market information
	2. Individual Liberty	2. Culture and Diversity	2. Becoming enterprising	2. Anti-Racism (+Islamophobia)	2. Researching post 16 provision
	3. Mutual Respect & Tolerance	3. Anti-Racism	3. Solving problems and opportunities	3. Homophobia	3. Writing CV's
	4. Rule of law	4. Parliament / Government	4. Turning a passion into a business	4. Equality and the Rule of Law	4. Writing personal statements
	5. PREVENT	5. Elections and voting	5. Creativity, idea generation and LMI	5. Role of Parliament and how laws are made	5. Applications
	6. Anti-social behaviour	6. Safety in different situations	6. Apprenticeships/ Traineeships	6. Stereotyping	6. Drugs / Gangs / County Lines
	7. Taking care of where we live	7. Effects of poor behaviour	7. A level / BTEC	7. AUP and real world	7. Alcohol
	1. Money – Wants and Needs	1. Intro to drugs	1. E-Safety and Cyberbullying	1. Basic Life support	1. Salaries
	2. Making ends meet – Intro to budgeting	2. Media and the law	2. Cyber security	2. Basic life support – Patient is not breathing	2. Outgoings and debt
	3. Bank Accounts – The different types	3. Alcohol	3. Devices and security	3. Bone, muscle and joint injuries	3. Mortgages
	4. Earnings – How I'll support myself in the future	4. Dangers of drugs	4. E-Safety Facebook page	4. Bleeding and Shock	4. Financial risk and security
	5. Where do I get money from and how do I spend it?	5. Smoking	5. Gaming	5. Chest pain	5. Buying – Running – Maintaining a car
	6. Employability skills	6. Causes, effects of fire setting	6. Sexting	6. Choking	6. Smoking
	7. Dream Jobs	7. Online safety – Personal info and Cyberbullying	7. Netiquette	7. First Aid Scenarios	7. Gambling
	1. Basic Life support x1	1. To explore what type of saver you are.	1. Memory	1. Work Experience	1. Work Experience
	2. Basic life support x2	2. To explain how to balance budgeting in school	2. Using Technology	2. Interview skills	2. Interview skills
	3. Allergies	3. To examine household budgets	3. Preparing for Learning.	3. Health + Safety	3. Health + Safety
	4. Asthma	4. To understand the importance of fair trade.	4. Dealing with Stress	4. Suitable skills	4. Suitable skills
	5. Choking	5. What is a career?	5. Gangs – Youth Crime	5. Acceptable behaviour	5. Acceptable behaviour
	6. Bleeding	6. Researching a career.	6. Exploited – CSE	6. Persistence and resilience	6. Persistence and resilience
	7. Head injuries	7. Exploring your own skills and qualities/LMI	7. Exploited – Power and Control	7. Enterprise Adviser visit	7. Enterprise Adviser visit

Key texts and websites that you can access to support their knowledge development in this subject include:

Year 10		Year 11			
<p>BBC Bitesize: <a href="https://www.bbc.co.uk/bitesize/subjects/z3ckjxs">https://www.bbc.co.uk/bitesize/subjects/z3ckjxs</a></p> <p><a href="https://www.bbc.co.uk/bitesize/careers">https://www.bbc.co.uk/bitesize/careers</a></p> <p>Oak Academy: <a href="https://classroom.thenational.academy/subjects-by-key-stage/key-stage-4/subjects/rshe-pshe">https://classroom.thenational.academy/subjects-by-key-stage/key-stage-4/subjects/rshe-pshe</a></p>		<p>BBC Bitesize: <a href="https://www.bbc.co.uk/bitesize/subjects/z3ckjxs">https://www.bbc.co.uk/bitesize/subjects/z3ckjxs</a></p> <p><a href="https://www.bbc.co.uk/bitesize/careers">https://www.bbc.co.uk/bitesize/careers</a></p> <p>Oak Academy: <a href="https://classroom.thenational.academy/subjects-by-key-stage/key-stage-4/subjects/rshe-pshe">https://classroom.thenational.academy/subjects-by-key-stage/key-stage-4/subjects/rshe-pshe</a></p>			
Year 7		Year 8		Year 9	
<p>BBC Bitesize: <a href="https://www.bbc.co.uk/bitesize/subjects/ztvg9i6">https://www.bbc.co.uk/bitesize/subjects/ztvg9i6</a></p> <p><a href="https://www.bbc.co.uk/bitesize/careers">https://www.bbc.co.uk/bitesize/careers</a></p> <p>Oak Academy: <a href="https://classroom.thenational.academy/subjects-by-key-stage/3/subjects/rshe-pshe">https://classroom.thenational.academy/subjects-by-key-stage/3/subjects/rshe-pshe</a></p>		<p>BBC Bitesize: <a href="https://www.bbc.co.uk/bitesize/subjects/ztvg9i6">https://www.bbc.co.uk/bitesize/subjects/ztvg9i6</a></p> <p><a href="https://www.bbc.co.uk/bitesize/careers">https://www.bbc.co.uk/bitesize/careers</a></p> <p>Oak Academy: <a href="https://classroom.thenational.academy/subjects-by-key-stage/3/subjects/rshe-pshe">https://classroom.thenational.academy/subjects-by-key-stage/3/subjects/rshe-pshe</a></p>		<p>BBC Bitesize: <a href="https://www.bbc.co.uk/bitesize/subjects/ztvg9i6">https://www.bbc.co.uk/bitesize/subjects/ztvg9i6</a></p> <p><a href="https://www.bbc.co.uk/bitesize/careers">https://www.bbc.co.uk/bitesize/careers</a></p> <p>Oak Academy: <a href="https://classroom.thenational.academy/subjects-by-key-stage/3/subjects/rshe-pshe">https://classroom.thenational.academy/subjects-by-key-stage/3/subjects/rshe-pshe</a></p>	