

# Information Bulletin for Parents and Carers Friday 19th May



St. Wilfrid's  
R.C. College

## Excellence through Faith, Learning and Support

**We wish our Year 11 and Year 13 students the best of luck with their external examinations.**

**We are proud of your hard work and determination to do your best.  
We believe in you. Go for it!**



### Prayer before an exam

Lord, thank you that you are with me right now  
Your love surpasses all fear  
I give you the anxiety I feel  
I surrender all my worries to you  
Clear my mind  
Calm my heart  
Still my Spirit  
Relax my being  
In everything I write, speak and do.  
Amen.

### **Faith:**

This week our students have been focusing on Laudato Si during tutor time. We considered how we are called to be stewards of God's creation to create a safe, healthy, and beautiful place for ourselves and future generations. What can we do today that will have an impact on the future of God's creation?

**We thank you Lord for the earth which is our home.  
Help us to work together to protect the planet from harm.  
Lord in your Mercy  
Hear our prayer**

### **Learning:**

#### **Students of the Week**

The following students have been awarded 'Students of the Week'.

**Aidan:** Antonia Wilkins and Jack Bates

**Bede:** Evie Cernik and Lucie Haswell

**Cuthbert:** Stephanie Cameron and Felix Severs

**Hilda:** Precious Igbo and Ella Jenkins

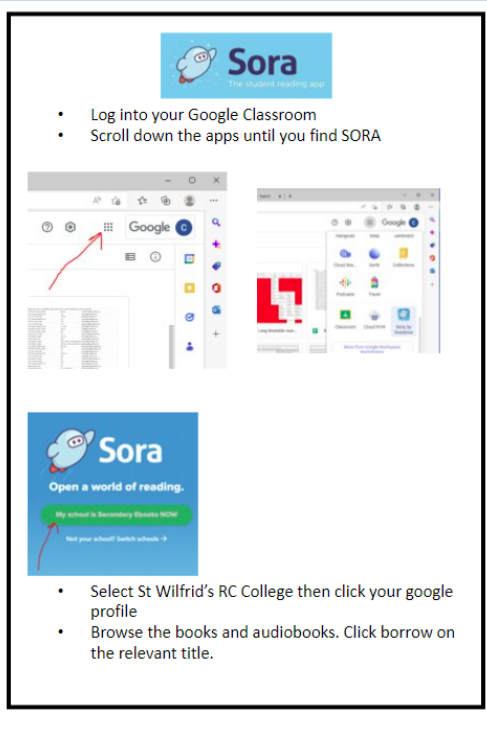
**Margaret Clitherow:** Kaisan Kamruzzaman and Taskia Khan

Congratulations to you all, we are incredibly proud of you.

## Year 11 & 13

We encourage our Y11 and Y13 students to reach out to their teachers if they need any additional support throughout the exam period -we are here to help!

## Free Access to Books



The image shows a sequence of steps for logging into the Sora app. It starts with the Sora logo and a list of instructions: 'Log into your Google Classroom' and 'Scroll down the apps until you find SORA'. Below this is a screenshot of a Google Classroom interface with a red arrow pointing to the Sora app icon. Another screenshot shows the Sora app interface with a red arrow pointing to the 'Sign in with Google' button. A final screenshot shows the Sora app interface with a red arrow pointing to the 'Borrow' button on a book title.

- Log into your Google Classroom
- Scroll down the apps until you find SORA

- Select St Wilfrid's RC College then click your google profile
- Browse the books and audiobooks. Click borrow on the relevant title.

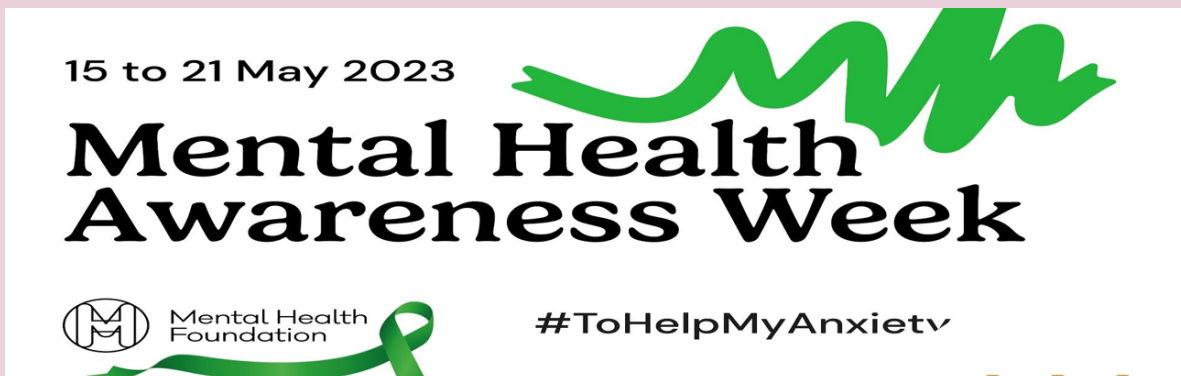
All students at St Wilfrid's have access to SORA, an online catalogue of e-books, audiobooks, graphic novels and manga. Signing in is easy- just follow the steps below:

Currently SORA is featuring books shortlisted for the Carnegie Award for Writing; you'll find the shortlist on your home screen. You'll also find the 'May Manga' collection; a set of titles recommended for you to try.

SORA is also available to download as an APP on your mobile phones- just remember to click 'sign in with Google' and then use your school details to sign in for the first time. If you have any difficulties signing in, contact Mrs Collings-Backhouse.

## Support:

This week we have had assemblies and activities focusing on Mental Health Awareness.



The banner features the dates '15 to 21 May 2023' in black text. Below this is the title 'Mental Health Awareness Week' in large, bold, black font. To the right of the title is a green graphic of a wavy line. At the bottom left is the Mental Health Foundation logo, which consists of a stylized 'M' and 'F' inside a circle, with the text 'Mental Health Foundation' below it. To the right of the logo is a green ribbon graphic. At the bottom right is the hashtag '#ToHelpMyAnxiety' in black text.

15 to 21 May 2023

# Mental Health Awareness Week

Mental Health Foundation

#ToHelpMyAnxiety

Our Mental Health Ambassadors prepared an informative assembly about who students can speak to if they have any worries or concerns.

**Services and people who can help:**

- . Healthy minds
- . Kooth
- . Anna Freud
- . Mental Health Ambassadors/ Pastoral Staff/ SLT in school.
- Use the email address [worry@st-wilfrids.org](mailto:worry@st-wilfrids.org) if you want to tell school how you are feeling via email
- [www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

**PSHE**

Year 8 - The North East Raising Aspiration Partnership (NERAP) will be delivering an assembly to Year 8 entitled 'An Introduction to Higher Education'.

**Key dates / upcoming events:**

- Next week is week **TWO** of the timetable
- Year 12 Employability Week - Monday 12th June to Friday 16th June.
- Year 10 Work Experience Week - Monday 17th July to Friday 21st July.
- Activities Week (Year 7/8/9/12) - Monday 17th July to Friday 21st July.

**Sixth Form:**

**PSHE next week:**

Year 12 - Unifrog development

Year 13 - Leavers celebration preparation