

## Information Bulletin for Parents and Carers Friday 10 November 2023



**St. Wilfrid's**  
R.C. College

*Excellence through Faith, Learning and Support*

### **Faith:**

This week we reverently remembered our lost loved ones and those that have died in service, protecting our freedom. In assemblies next week we will be praying for the unsung heroes and the innocent victims of war.

Lord God,  
your own Son was delivered into the hands of the wicked,  
yet he prayed for his persecutors  
and overcame hatred with the blood of the Cross.  
Relieve the sufferings of the innocent victims of war;  
grant them peace of mind, healing of body,  
and a renewed faith in your protection and care.  
Grant this through Christ our Lord. Amen.

### **Learning:**

#### **Students of the Week**

Our wonderful winners this week were:

**Aidan:** Keira Jeffers 8A1 and Harry Watson 10A2  
**Bede:** Edie Bloxham 9B1 and Amelie Forster 8B2  
**Cuthbert:** Maryam Shahid 8C2 and Christina Parker 10C1  
**Hilda:** Ikemefuna Elui 8H2 and Joshua Burnett 9H1  
**Margaret Clitherow:** Kaavish Bajaj 8MC2 and Emily Wright 9MC1

Well done to all of you – an excellent achievement! Keep being the best versions of yourselves.

**Celebrating Student Achievements**

Further congratulations to Ava Heslop 8C1. Ava recently played at a Grade 3 tennis tournament in Cheshire and came runner up, so close to winning! Ava has played tennis since the age of six and is very committed to her sport. Well done, Ava!



Please send your children's achievements to [celebrate@st-wilfrids.org](mailto:celebrate@st-wilfrids.org) so we can congratulate them.



## Readathon!

Year 7 and Year 8 are invited to take part in a 'Readathon' as part of the Read for Good charity. This will take place between Monday 20th November and Friday 1st December. This is a sponsored read where students will be encouraged to read as much as they can whilst raising money for charity. There is a non-fiction November theme but students can read whatever they are interested in. The proceeds go towards providing books in children's hospitals as well as reading for pleasure projects. More information about this charity's important work can be found here: <https://readforgood.org/about-us/>.

We can only accept donations via ParentPay for this, where there will be an option to sponsor the Readathon. There will also be prizes available for students who participate. We would love as many students as possible to get involved with this!

**Support:**

**Wellbeing Wednesday**

This week's focus was 'allowing everyone to have an opinion'. We set up fun debates in tutor groups where groups of students argued why one thing was better than another, enabling students to understand that there are more than one possible view and that it is acceptable for other people to see things differently to us. It is important that we are tolerant and understanding of other people's opinions.

## **Why Queue?**

On Thursday, Year 7 students congregated to watch The Riot Squad theatre group's 'Why Queue?' production. This performance highlighted the benefits of sustainable travel – both to the individual and the environment.

## **Autistic Spectrum Disorder and Masking**

We have several pupils in our school who have a diagnosis of ASD or who display ASD traits. After many discussions with parents, it is apparent that one of the biggest issues that parents face is their child masking their condition in school and then having a big release of emotion when they get home from school. Below are some useful links that help to understand autistic masking and how this can present:

- Walk in my shoes video on YouTube:  
[https://www.youtube.com/watch?time\\_continue=87&v=KSKvazfTLv8&embeds\\_referring\\_euri=https%3A%2F%2Fpadlet.com%2F&source\\_ve\\_path=Mjq2NjY&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=87&v=KSKvazfTLv8&embeds_referring_euri=https%3A%2F%2Fpadlet.com%2F&source_ve_path=Mjq2NjY&feature=emb_logo).
- Masking by Autism Understood (a website written by Autistic individuals aimed at Autistic children and young people): <https://autismunderstood.co.uk/struggling-as-an-autistic-person/masking/>

If you live in South Tyneside, you can access support at the Autism Hub where a one-to-one family support appointment can be arranged to discuss this further and talk through some strategies that may help when your child comes home from school.

## **Anti-bullying Week**

Next week is anti-bullying week; we will be raising awareness of this in assembly and encouraging students to consider applying to join our School Council to 'make a noise' about bullying, wellbeing and help drive school improvement. We will be launching this year's democratic process in the Wellbeing Wednesday session and students will be given the opportunity to present to their fellow tutees the following week when voting will take place.

The School Nursing team will be on site on Monday offering advice and support to students about stress, bullying and general well-being.

## **Personal, Social, Health and Economic education (PSHE)**

On Monday, Year 7 will be receiving a presentation from Tyne Coast College entitled 'Skills, strengths and jobs.'

## **Careers Education, Information, Advice and Guidance (CEIAG)**

Upcoming Virtual Insight Events:



Deloitte is one of the most prestigious professional services and accounting firms in the world, in fact they are the biggest out of all the Big 4. They offer audit, tax, legal and advisory services to enable brands to grow, succeed and maintain their global status. Forming number 1 of the Big 4, Deloitte has some huge profile clients, such as Microsoft, Morgan Stanley, Apple and Starbucks. Deloitte operates in over 150 countries, with over 300,000 employees, with revenues in excess of nearly \$60 Billion a year.



Students are invited to join this virtual law event with The University of Law, one of the leading institutions in the UK for legal studies, where top law professionals will be sharing their experience of careers in the legal industry, as well as sharing their key tips on their panel discussion to give pupils a real insight into their world of work.

The breadth of industry knowledge and insight that will be shared throughout the evening will provide students with real clarity to help them decide on their future career path. There will also be Q&A opportunities throughout the evening so they can ask any burning questions they have, or simply find out more about the industry from the most experienced law professionals!

### **Apprenticeships update:**

Please follow the link below to view the most recent apprenticeship vacancy report for South Tyneside.

<https://www.st-wilfrids.org/wp-content/uploads/2023/11/South-Tyneside-06-Nov-2023.xlsx>

This has been generated from [Find an apprenticeship - GOV.UK \(www.gov.uk\)](https://www.gov.uk) and is one of the many platforms highlighting apprenticeship opportunities. We also encourage a broader search including reviewing training provider and employer websites plus the many online job's boards.

## Engineering Careers Event Thursday 7th December 2023

**seta**<sup>oo</sup>  
Excellence in Engineering  
Training and Apprenticeships

Seta offers apprenticeships in:

- Electrical and/or Mechanical Fitting
- Mechatronics Maintenance (Multi-skilled)
- Machining, Toolmaking and CNC
- Technical (e.g. CAD, Design)
- Welding and Fabrication



Interested in a career in engineering starting in September 2024 or before?

Want to know more about the apprenticeships available, look around the training centre and meet employers recruiting apprentices? Then our Engineering Careers Event will be perfect for you.



Book now to secure your place using the QR code on this leaflet.

Early applications are essential to ensure your best chance of getting an apprenticeship.

Apply at [www.seta.co.uk](http://www.seta.co.uk)

Seta, 17 Sedling Road, Wear Estate, Washington, NE38 9BZ  
T: 0191 416 2860 W: [www.seta.co.uk](http://www.seta.co.uk) E: [enquiries@seta.co.uk](mailto:enquiries@seta.co.uk)



SetaTrain



SetaTrain



SetaTrain



sunderland engineering  
training association limited

### Green careers Week:

Today, our Year 10 Geographers and the school Eco-Team are receiving a presentation from Jess Cook who leads the Net Zero Programme.

### Year 10 and year 12 Work Experience:

Parental consent forms need to be returned to the school main reception ASAP. Spare electronic copies can be found on the school website under the Careers Programme tab, and hard copies can be found on the school reception.

### Key dates / upcoming events:

- **13-17 November:** Anti-bullying week.
- **14 November – 6pm – 7.30pm:** Year 7 Disco in our Sports Hall. Tickets cost £3 and are sold at break and lunch. Ticket includes a free drink. There will also be a raffle and tuck shop to raise funds for our World Challenge Appeal. (Cash payments only).
- **19 – 23 February:** Year 10 and Year 12 Work Experience Week

## Sixth Form:

### PSHE

Year 12 – Living in a diverse society

Year 13 – Interview basics

**Responsible**

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**Resilient**

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**Respectful**



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