

## Information Bulletin for Parents and Carers Friday 1 December 2023



**St. Wilfrid's**  
R.C. College

***Excellence through Faith, Learning and Support***

### **Faith:**

Throughout advent, we invite our students to take a few moments of peace and quiet each morning, to enjoy a daily reflection that has been co-ordinated by the Youth Ministry Team. These inspiring videos are a timely reminder that Advent is a time for watching and waiting on the Lord. The reflections are available here: [Wait a Minute, Online Reflections – YMT.org](https://www.youthministryteam.org.uk/)

### **An Advent Wreath Prayer:**

Dear Jesus,  
you entered our world on Christmas as the Prince of Peace.  
This Advent, as we strive to become the-best-version-of-ourselves,  
fill us with a deep and abiding peace.  
Help us share that peace with everyone we encounter,  
especially those who need it most.  
Amen.

### **Christmas Concert**

Our annual Christmas Concert celebration will be taking place on Wednesday the 13<sup>th</sup> of December. All are welcome; please collect tickets from Reception.



## Learning:

### Students of the Week

Our wonderful winners this week were:

**Aidan:** Sienna Jary 8A1 and Matthew Stevens 10A1

**Bede:** Aaron Duprey 8B1 and Jose Figueira 9B1

**Cuthbert:** Lily Pringle 7C1 and Ruby Neary 11C1

**Hilda:** Xian Baz 7H1 and Charlie Grey 10H2

**Margaret Clitherow:** Lily Neilson 7MC1 and Raisha Rahman 10MC2

**Headteacher's Award:** Precious Igbo 8H2

**Tutor Group of the Week:** 11A2

Well done to all of you – an excellent achievement! Keep being the best versions of yourselves.

### Celebrating Student Achievements

Congratulations to Ava Heslop 8C1 for more tennis success! Competing in an Under 12 Girls Singles

Grade 4 Tournament in Coventry on Sunday, Ava came runner up! Well done, Ava.



Please send your children's achievements to [celebrate@st-wilfrids.org](mailto:celebrate@st-wilfrids.org) so we can congratulate them.

## **Talk About The Future**

Last Thursday some of our Year 11 and Year 12 students participated in a workshop delivered by Talk The Talk called 'Talk About The Future'. Throughout the day, our students talked about their life experiences and how they translate into unique skills which can be linked to their future plans. They then prepared for an interview by exploring the impact and necessity of personal anecdotes within the interview situation. The representative from Talk The Talk praised our students for their conduct and engagement throughout the workshop and was impressed with the classroom learning culture which resulted in our students pushing the boundaries and making exceptional progress. Well done to all students involved!



**Year 11**

**STEP**

This week was the first week of STEP Cycle 2 for our Year 11 students. STEP is our small group

intervention in specific subjects and takes place on a Tuesday, Wednesday and Thursday evening. It is an expectation that students attend all timetabled sessions. Please ensure your child checks the details of their sessions with their tutor.

### **Homework Planner**

Our students also received a bespoke Year 11 Homework Planner this week, which outlines three subjects each day for which students should complete a 30-minute homework task. The aim of this planner is to support our students with their time management and to ensure they are balancing the completion of homework across all subjects. The planner begins on Monday 4<sup>th</sup> December with Maths, RE and Biology. Please discuss your child's homework planner with them weekly and remind them that supported study spaces are available within school if they wish to use them.

### **Microsoft Teams**

We recently moved from Google Classroom to Microsoft Teams. If your child is struggling to access learning materials on Teams, the guide below shows you how to log in and navigate the system. For password resets, your child will need to see our onsite ICT support team.

[Student-guide-to-accessing-Teams](#)

### **Support:**

#### **Wellbeing Wednesday**

This week in Wellbeing Wednesday we created recipes for coping when anxious or stressed. Our students came up with some fantastic, creative ideas that we hope they'll be able to utilise when

#### **British Values: Democracy: Young Citizens**



Young Citizens has just launched its Youth Consultation: a research project aiming to understand how we can inspire young people to become engaged citizens. We feel our children's voice should be active in our community. Please encourage your child (if aged 14-18) to complete this survey: [www.surveymonkey.co.uk/r/voiceheard2023](http://www.surveymonkey.co.uk/r/voiceheard2023) The 12-question survey will take no more than ten minutes to complete, and four lucky students will be randomly selected to receive a £20 gift voucher. \*The survey deadline is TODAY, Friday 1 December.

# School Nursing Service

Please see the information below from the School Nursing Service, explaining who they are and how they can support your child.



South Tyneside and Sunderland  
NHS Foundation Trust



## South Tyneside School Nursing Service

### Who are we?

#### School Nurses are Special Community Nurses.

We offer support for:

- children in school
- young people
- their families

#### Our job is to:

- improve the health and wellbeing of children who need the service
- reduce inequalities
- support children who are vulnerable

We play an important role in keeping children safe. We also support the local safeguarding guidelines.

### What services do we provide?

We provide and support:

- The Healthy Child Programme
- CHATHealth
- Health Promotion
- Continence Support
- Children with Additional Needs
- Partnership Working



### Healthy Child Programme

The Healthy Child Programme is where we:

- measure a child's height and weight in reception and in year 6
- check a child's eye sight when they are in reception

### What is CHATHealth

CHATHealth is a confidential text messaging service. Anyone aged 11 to 19 years old can use it. We offer support for a variety of health and emotional issues. This includes:

- relationships
- exam stress
- bullying
- sexual health
- self-harm
- physical needs

CHATHealth number is 07480635607

### Health promotion

This is where we deliver:

- medical awareness sessions to school staff members. They will include awareness on asthma, epilepsy and allergic reactions.
- local and national public health campaigns.
- health promotion sessions. They will be tailor made for each school.
- growing up and puberty sessions.

### Continence support

This is where we:

- support children who have toilet problems
- support schools when a child needs a care plan for their toilet issues
- signpost or refer on if needs be

### Children with additional needs

We will make a care plan for the school if a child has an allergy and are at risk of an allergic reaction. They will have a prescription for adrenaline auto-injector for emergency use, from their doctor or consultant.

### What is partnership working?

We work in partnership with other professionals to offer support and advice in:

- education
- health care
- social care
- family hubs

We can also help to signpost or refer to the correct service.

We are available through the year including school holidays. We offer a single point of contact (SPOC) for parents or professionals. **You can contact us through the SPOC.**

**Our number is 0191 2832189.**

Publication date: November 2023

Review date: November 2026

Ref: STSFT/1496



## South Tyneside Holiday Activities and Food Programme:

Please see the posters below for this winter's Holiday Activities and Food programme for benefit related free school meal children. The EVENTBRITE activities will go live on Monday 18 December at 4pm.



# Holiday, Activities + Food

**2-7 JANUARY 2024**

**FREE** For young people 5-16 years  
in receipt of benefit related free school meals.

For more information and eligibility please call  
**0191 424 0118** or email [haf@southtyneside.gov.uk](mailto:haf@southtyneside.gov.uk)

Bookings open 4pm Monday 18th December

🔍 [www.southtyneside.gov.uk/holidayclub](http://www.southtyneside.gov.uk/holidayclub)



# SEND LOCAL OFFER

# Holiday, Activities + Food

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**Careers Education, Information, Advice and Guidance (CEIAG)**

## Engineering Careers Event Thursday 7th December 2023



Seta offers apprenticeships in:

- Electrical and/or Mechanical Fitting
- Mechatronics Maintenance (Multi-skilled)
- Machining, Toolmaking and CNC
- Technical (e.g. CAD, Design)
- Welding and Fabrication



Interested in a career in engineering starting in September 2024 or before?

Want to know more about the apprenticeships available, look around the training centre and meet employers recruiting apprentices? Then our Engineering Careers Event will be perfect for you.



Book now to secure your place using the QR code on this leaflet.  
Early applications are essential to ensure your best chance of getting an apprenticeship.  
Apply at [www.seta.co.uk](http://www.seta.co.uk)

Seta, 17 Sedling Road, Wear Estate, Washington, NE38 9BZ  
T: 0191 416 2860 W: [www.seta.co.uk](http://www.seta.co.uk) E: [enquiries@seta.co.uk](mailto:enquiries@seta.co.uk)



### Year 10 and Year 12 Work Experience:

Placement forms need to be returned to the school main reception before Christmas. Spare electronic copies can be found on the school website under the Careers Programme tab, and hard copies can be found on the school reception.

### Key dates / upcoming events:

- **13 December:** Christmas Concert
- **11 January:** Year 11 Information Evening 6pm - 8pm
- **19 – 23 February:** Year 10 and Year 12 Work Experience Week

### Sixth Form:

#### PSHE

Year 12

- FutureMe research Skills



Year 13

- Tutor 1:1 conversation with students about Target Setting

**Responsible**

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**Resilient**

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**Respectful**



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**Bishop Chadwick**  
Catholic Education Trust

