

PSHE General Overview 2023 – 2024

	Health & Wellbeing	Relationships	Living in the wider world		
Rota	1.	2.	3.	4.	5.
7	<ol style="list-style-type: none"> The Dangers of Sharing Information Online The Legal Implications of Sharing Intimate Images Online The Media and Body Shape X1 The Media and Body Shape X2 The Dangers of Viewing Harmful Content Online Gambling Harmful Behaviours Online 	(Ten:Ten resourced) <ol style="list-style-type: none"> Who Am I? Changing Bodies Healthy Inside and Out Where we come from Family and Friends My life on screen Living responsibly 	British Values / Risks <ol style="list-style-type: none"> Introduction To British Values/Democracy Individual Liberty Mutual Respect & Tolerance Rule of law PREVENT Anti-social behaviour Taking care of where we live 	Financial Awareness / Work Related Learning <ol style="list-style-type: none"> Money – Wants and Needs Making ends meet – Intro to budgeting Bank Accounts – The different types. Earnings – How I'll support myself in the future Where do I get money from and how do I spend it? Employability skills Dream Jobs 	First Aid <ol style="list-style-type: none"> Basic Life support x1 Basic life support x2 Allergies Asthma Choking Bleeding Head injuries
8	<ol style="list-style-type: none"> Mental and Emotional Disorders Unhealthy Coping Strategies Positive And Negative Effects On Mental Health Healthy Coping Strategies Maintaining And Monitoring Health The Importance Of Personal Hygiene E-Safety 	(Ten:Ten resourced) <ol style="list-style-type: none"> Created and Chosen Appreciating Difference Feelings Before I was born Tough relationships Think before you share Wider world 	British values / Risks <ol style="list-style-type: none"> What are our values? Culture and Diversity Anti-Racism Parliament / Government Elections and voting Safety in different situations Effects of poor behaviour 	Knowing the risks <ol style="list-style-type: none"> Intro to drugs Media and the law Alcohol Dangers of drugs Smoking Causes, effects of fire setting Online safety – Personal info and Cyberbullying 	Financial Awareness / Work Related Learning <ol style="list-style-type: none"> To explore what type of saver you are. To explain how to balance budgeting in school To examine household budgets To understand the importance of fair trade. What is a career? Researching a career. Exploring your own skills and qualities/LMI
9	<ol style="list-style-type: none"> Physical Activity and Mental Well-Being: The Characteristics Of A Healthy Life-Style Blood, Organ And Stem Cell Donation A Healthy Diet X1 A Healthy Diet X2 How Choices Made About Sex And Relationships Affect Health Reproductive Health 	(Ten:Ten resourced) <ol style="list-style-type: none"> The search for love Love people, use things In control of my choices Fertility and Contraception Marriage One Hundred percent Knowing my rights and responsibilities 	Work Related Learning <ol style="list-style-type: none"> Intro to enterprise Becoming enterprising Solving problems and opportunities Turning a passion into a business Creativity, idea generation and LMI Apprenticeships/ Traineeships A level / BTEC 	E-Safety <ol style="list-style-type: none"> E-Safety and Cyberbullying Cyber security Devices and security E-Safety Facebook page Gaming Sexting Netiquette 	Learning Strategies / Risks <ol style="list-style-type: none"> Memory Using Technology Preparing for Learning. Dealing with Stress Gangs – Youth Crime Exploited – CSE Exploited – Power and Control
10	<ol style="list-style-type: none"> Legal and Illegal Drugs: The Risks Associated With Alcohol Consumption Addiction: Dangers Of Smoking Peer Pressure Alcohol And Risky Sexual Behaviour STI's And How They Are Transmitted 	(Ten:Ten resourced) <ol style="list-style-type: none"> Authentic Freedom Self-Image Beliefs, values and attitudes Parenthood Pregnancy and abortion Abuse Solidarity 	British Values / E-Safety <ol style="list-style-type: none"> Immigration Anti-Racism (+Islamophobia) Homophobia Equality and the Rule of Law Role of Parliament and how laws are made Stereotyping AUP and real world 	First Aid <ol style="list-style-type: none"> Basic Life support Basic life support – Patient is not breathing Bone, muscle and joint injuries Bleeding and Shock Chest pain Choking First Aid Scenarios 	Work Related Learning <ol style="list-style-type: none"> Work Experience Interview skills Health + Safety Suitable skills Acceptable behaviour Persistence and resilience Enterprise Adviser visit
11	<ol style="list-style-type: none"> The Law Relating to Sexual Exploitation Abusive Relationships Harmful Relationships The Characteristics Of A Positive One-To-One Intimate Relationship Pregnancy The Different Choices Made In Relation To A Pregnancy The Role Of The Parent 	(Ten:Ten resourced) <ol style="list-style-type: none"> Self-Worth Addiction Eating Disorders Birth Control Pornography STIs Coercive Control 	Work Related learning / Risks <ol style="list-style-type: none"> Labour market information Researching post 16 provision Writing CV's Writing personal statements Applications Drugs / Gangs / County Lines Alcohol 	Financial Awareness / Risks <ol style="list-style-type: none"> Salaries Outgoings and debt Mortgages Financial risk and security Buying – Running – Maintaining a car Smoking Gambling 	