

Information Bulletin for Parents and Carers

Friday 8 March 2024



St. Wilfrid's
R.C. College

Excellence through Faith, Learning and Support

Faith:

Halfway through this half-term, let us pause and think for a moment how small we are in the Universe, yet we can read in the Bible that God has written the name of each of us on the palm of his hand...

Let us pray:

**Lord God,
Creator of light,
At the rising of your sun each morning
Let the greatest of all lights – your love -
Rise like the sun, within my heart.**

Learning:

Students of the Week

Our wonderful winners this week were:

Aidan: Joseph Ruddock 8A1 and Leo Ferreira 10A1

Bede: Alexander Ireland 8B1 and Gabrielle Reid 9B2

Cuthbert: Patryk Taras 7C1 and Abby Bryden 11C2

Hilda: Hannah Blackman 8H1 and Mary Igbo 10H1

Margaret Clitherow: Dil Zakaria 9MC1 and Bradley Haswell 10MC1

Headteacher's Award: Alyssia Kaur 8A1

Tutor Group of the Week: 8B1

Well done to all of you – an excellent achievement! Keep being the best versions of yourselves.

Celebrating Student Achievements

Please continue to send your children's achievements to celebrate@st-wilfrids.org so we can congratulate them.

Year 11

STEP continued this week with the addition of RE, Sport and Computer Science. Sessions in Maths and Science will be introduced next week so it is vital that all students check the updated lists with their tutor via PREP on Monday. It is an expectation that all students attend their allocated sessions.

R(ev)ise and Shine, our morning revision sessions for Year 11 continue next week.

The schedule is as follows:

- Tuesday: English – English Language Paper 1: Writing.
- Wednesday: RE – Judaism festivals.
- Thursday: Maths – Exam question practice.
- Friday: Biology – Magnification calculations.

All sessions are 8-8.30am and students attending can receive a free breakfast.

Students who attend regularly in the lead up to the external examinations will be in with the chance of winning a prize! Look out for daily reminders on our social media platforms.

A letter has been shared with all Year 11 parents in our 'Letters for Parents' section of the website which details the strategies which will take place with our Year 11 students prior to their external examinations beginning.

From Monday 18th March, our Year 11 students will be able to order a 2024 **Leavers Hoodie** from Impack Apparel. Details regarding the design of the hoodie have been shared with students this week and there will be the opportunity for students to try on different sizes at break time next week. Further details around ordering and payment will be shared with parents via a letter next week.

Support:

Wellbeing Wednesday: Music for Wellbeing

This week we explored how we can use music to improve our wellbeing. Playlists can calm us down, enliven us, or offer self-care and self-management of our mood and feelings. We discovered the science behind this and the principle of 'entrainment'. Click this link to access the playlists: <https://www.recoverycollegeonline.co.uk/recovery-wellbeing/music/stress-anxiety/>

Operation Capio

Northumbria Police visited Years 10-13 on Tuesday, focusing on road safety and the anti-social use of

motorbikes, quads, electronic bikes and scooters. Please read more about Northumbria Police's operation to tackle motorbike criminality here:

<https://www.northumbria.police.uk/news/northumbria/news/sunderland/new-force-wide-operation-launches-to-tackle-motorcycle-related-criminality/>

County Lines

Year 7-10 were visited by Northumbria Police on Thursday, showing them a video and informing them about County Lines. County Lines is a term used to describe gangs and organised criminal networks involved in exporting illegal drugs into one or more areas (within the UK), using dedicated mobile phone lines or other form of 'deal line'. They are likely to exploit children and vulnerable adults to move (and store) the drugs and money, and they will often use coercion, intimidation, violence (including sexual violence) and weapons.

Careers Education, Information, Advice and Guidance (CEIAG)

North East Apprenticeship vacancies:

Please follow the link below to view the most recent apprenticeship vacancy report for South Tyneside.

<https://www.st-wilfrids.org/wp-content/uploads/2024/03/Vacancy-Report-5.3.24.xlsx>

This has been generated from [Find an apprenticeship - GOV.UK \(www.gov.uk\)](https://www.gov.uk) and is one of the many platforms highlighting apprenticeship opportunities. We also encourage a broader search including reviewing training provider and employer websites plus the many online job's boards.

The parents' guide to what's next?

The 'Parents' Guide to' exists for parents of teenagers, to provide you with the information you need to help your child create a happy and successful future. This clear, unbiased online guide gives you everything you need to know about your child's options after GCSE and sixth form – all in one place! It means you'll know what decisions they need to make and be able to give them the right advice at the right time.

This guide covers a range of topics including: post 16 and post 18 options, studying for exams at KS4 and KS5, applying to university or for an apprenticeship and personal growth and development.

[a0f9e4_e95a4504a1834ac4aef24d626a1b0835.pdf \(theparentsguideto.co.uk\)](https://www.theparentsguideto.co.uk/a0f9e4_e95a4504a1834ac4aef24d626a1b0835.pdf)

Website of the week.



Target Careers helps school leavers make decisions about their future. Explore options for careers, university or apprenticeships and get help to apply successfully: <https://targetcareers.co.uk/>

Key dates / upcoming events:

- **12 March** Year 8 Knife Crime awareness sessions
- **13 March** Young Carers drop-in sessions
- **18 March** Year 8 Knife Crime awareness sessions
- **21 March** Sixth Form Taster Evening

Sixth Form:

PSHE

Year 12 – Careers Carousel

Year 13 – Bursaries / Scholarships / Unifrog

Responsible

-

Resilient

-

Respectful



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