

Information Bulletin for Parents and Carers Thursday 28 March 2024



St. Wilfrid's
R.C. College

Excellence through Faith, Learning and Support

As we approach the end of Lent, we look forward to our most important Feast of the year, celebrating the Resurrection of Jesus.

May the light of Christ, who is our peace and salvation, be always with you and your families.

We are grateful for your support throughout this term. We hope everyone has a restful, prayerful Easter.

We look forward to welcoming all students back to school on Monday 15 April. We request your support in ensuring that all students return to school in full uniform and would like to remind all parents and carers that jewellery, make up, false nails / nail varnish, false eyelashes / eyelash extensions and trainers are not allowed. School uniform creates a level playing field among the student body, which reduces peer pressure and helps to prevent bullying. Please see our uniform policy for more information: [St-Wilfrids-Uniform-Policy-2023-2024.pdf](#)

IMPORTANT REMINDER

As shared in our bulletin on Friday 1 March, the price of a school meal will increase to £2.60 from Monday 15 April.

Faith:



Lord, we thank you for all that we have done this term.
We thank you for everyone who has worked hard to help us.

We ask forgiveness for the times we have not valued the opportunities we have been given or when

we have not lived according to our Christian values.
Lord, help us to enjoy our break and celebrate Easter in the best way we can.
Let us come back refreshed and ready for the final term.
Amen.

Learning:

Students of the Week

Our wonderful winners this week were:

Aidan: Adebola Ijaduola 7A1 and Adam Donnelly 11A2

Bede: Aksha Srivel 7B1 and Olivia Mitchell 7B1

Cuthbert: Mohammad Safi 7C2 and Cassie Mulligan 9C2

Hilda: Xian Baz 7H1 and Sadaf Ahmadi 9H1

Margaret Clitherow: Marko Tykhonchuk 8MC1 and Emily Searle 11MC2

Headteacher's Award: Heidi Hailstone 7C1

Tutor Group of the Week: 7MC1

Well done to all of you – an excellent achievement! Keep being the best versions of yourselves.

Celebrating Student Achievements

Sophie Whyte 9C2 has become the junior representative for the Westoe Squash Committee. Sophie has been part of the club since she was just 5 and now helps coach younger players as well as continually improving her game. This is a massive responsibility for Sophie and shows how much she has grown in confidence and ability. Well done, Sophie – it is wonderful seeing you being the best version of yourself and displaying your leadership qualities in our local community!



Please continue to send your children's achievements to celebrate@st-wilfrids.org so we can congratulate them.

Support:

Wellbeing Wednesday: British Sign Language

Last week was British Sign Language Week; during the week, a number of our students worked diligently to create a video to show the importance of using British Sign Language. In our session this week, students watched the video, discussed the importance of a world without barriers and linked this to the Protected Characteristics.

Kooth: Mental Health Support

If you're worried about your child's mental health and wellbeing during the Easter break, support is available on Kooth.

Kooth is an online mental health and wellbeing service for children and young people. Here are some of the things to remember about Kooth:

- It's free to use.
- No bullying or discriminations can take place.
- No referral is needed to join.
- Signing up and getting started only takes a few minutes.
- No problem is too big or small.

Kooth supports young people across the UK with a range of difficulties:

- Sadness and low mood.
- Anxiety.
- Loneliness and isolation.
- Stress.
- Self-harm and suicidal thoughts.
- Difficulties at school and college.
- Eating difficulties and body image concerns.

Want to learn more about Kooth? Check out their FAQs for parents and carers: [Frequently asked questions for parents and carers - Kooth](#)

How to join Kooth:

It only takes a few minutes to register online, and no formal referral is needed. Kooth only requires basic details like the area your child lives in and their month/year of birth to sign up for support. Your child can get started today: [Home - Kooth](#)

Careers Education, Information, Advice and Guidance (CEIAG)

North East Apprenticeship vacancies:

Please follow the link below to view the most recent apprenticeship vacancy report for South Tyneside.

<https://www.st-wilfrids.org/wp-content/uploads/2024/03/Vacancy-Report.xlsx>

This has been generated from [Find an apprenticeship - GOV.UK \(www.gov.uk\)](https://www.gov.uk) and is one of the many platforms highlighting apprenticeship opportunities. We also encourage a broader search including reviewing training provider and employer websites plus the many online job's boards.

The parents' guide to what's next?

The 'Parents' Guide to' exists for parents of teenagers, to provide you with the information you need to help your child create a happy and successful future. This clear, unbiased online guide gives you everything you need to know about your child's options after GCSE and sixth form – all in one place! It means you'll know what decisions they need to make and be able to give them the right advice at the right time.

This guide covers a range of topics including: post 16 and post 18 options, studying for exams at KS4 and KS5, applying to university or for an apprenticeship and personal growth and development.

[a0f9e4_e95a4504a1834ac4aef24d626a1b0835.pdf \(theparentsguideto.co.uk\)](https://www.theparentsguideto.co.uk/a0f9e4_e95a4504a1834ac4aef24d626a1b0835.pdf)

Newcastle University Trip

On Friday 22nd March, several Year 9 students visited Newcastle University. The visit was an opportunity to raise aspirations, understand what life looks like for a university student, engage with lecturers and students, and see all the amazing facilities across the campus.



Key dates / upcoming events:

- **April 15:** Return to school

Sixth Form: **HE+ Programme – Cambridge University Visit**

Well done to our wonderful Year 12 students who attended Cambridge University this week as part of their HE+ programme. You were a real asset to our Sixth Form.

Spring Term Awards:

Congratulations to the following students who have won the Spring Term Awards:

Tutor Awards:

Mackenzie Clayton (12col2)
Aaliyah Armstrong (12col4)
Imogen Robinson (12col1)
Lily Dearden (12col3)

Lucy Wales (13Col1)
Lucy Fairweather (13Col2)
Olivia Shotton (13Col3)
Arden Dixon (13Col4)

Head of Year Award:

Connor Barton (Year 12)
Sophie Scott (Year 13)

Headteacher Award:

Kai Allcoat (Year 12)
Dylan Bell (Year 13)

Kindness Award:

Ben Wilson (Year 12)
Alexander Futers (Year 13)

Next term:

On Monday 15th April we have Ben Hughes, a Financial Advisor delivering a workshop to Year 12 students to explore all things tax, payslips, budgeting and household bills.

All personal development time for Year 13 has now been dedicated to final examination preparation. It is essential that Year 13 students arrive equipped for each of these sessions to maximise this time.

Responsible

-

Resilient

-

Respectful



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